

Human Growth & Development Vocabulary | Fifth Grade Boys

- **Acne** | Pimples, and blackheads that break out on the face, chest, and back.
- **Adolescence** | is the term used to describe the time when changes occur as a person grows from a child to an adult.
- **Anus** | rectum, opening where solid waste leaves the body.
- **Blackhead** | pimple, caused by oil becoming trapped in the pore.
- **Bladder** | is the part of the urinary tract that collects urine and holds it until it is released.
- **Body odor** | is produced when a person gets hot; apocrine, endocrine, and sebaceous glands release fluids to cool the body
- **Bowel movement** | when solid waste is expelled from the body.
- **Deodorant** | product used to reduce body odor.
- **Ejaculation** | when sperm is released from the body.
- **Erection** | when the penis fills with blood and becomes hard.
- **Fertilized Egg** (Zygote) | produced when a man's sperm and a woman's egg join: can develop and grow into a baby.
- **Gland** | an organ that produces hormones and other secretions.
- **Hormones** | are produced by different glands and secreted into the bloodstream where they are carried to other organs to simulate changes during puberty.
- **Hygiene** | personal care and cleanliness.
- **Larynx** | voice box.
- **Nocturnal emission** (wet dream) | occasionally, while sleeping, a boy may have an erection and release a small amount of semen.
- **Penis** | part of the male reproductive and urinary systems, carries both urine and semen out of the body, but never at the same time.
- **Perspiration** | sweat.
- **Pituitary Gland** | located at the base of the brain, it produces the hormones that control growth and stimulate the reproductive glands.
- **Puberty** | is used to describe the changes that occur when growing into adulthood.
- **Pubic area** | groin.
- **Reproductive gland** | Male Testes/Female Ovaries.
- **Scrotum** | the sack that holds the testes.
- **Sebaceous gland** | gland that produces oil.
- **Semen** | fluid that carries sperm out through the penis.
- **Sex Cell** | Male sperm/Female ova.
- **Testes** | plural for testicles, small almond-shaped glands located inside the scrotum that release testosterone.
- **Testosterone** | male hormone, released by the testes, triggers deeper voice, facial hair, and other male characteristics.
- **Urethra** | carries urine from the bladder out of the body.
- **Urine** | liquid body waste.